



**ASSOCIATION OF OCCUPATIONAL HEALTH KARNATAKA
KARNATAKA BRANCH, BANGALORE**

(GDN-S256-2007-08 dated 14th March 2008 by
Certificate of Registration of Society, Government of Karnataka)

NOTICE OF THE ANNUAL GENERAL BODY MEETING

Notice is hereby given to all the members of the Association of Occupational Health Karnataka that the Annual General Body Meeting for the year 2026 will be held on Sunday, 20th September 2026 at 2 PM at CITRINE HOTEL, No. 211, S. C. Road, Seshadripuram, Bangalore 560020.

You are cordially invited to attend

Book Post

To,

If undelivered, please return to

From,

Dr. Bhoomagoud Shanthi

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Bangalore. PIN: 560078.

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AGENDA

1. Confirmation of minutes Annual General Body Meeting of 2025 held on 28th Sept 2025.
2. To consider and adopt the Annual Report for the year 2025-2026.
3. To consider and adopt the Statement of Accounts for the year 2025-2026.
4. To consider and adopt the Annual Budget Proposal for the year 2026-2027.
5. To conduct the process of Election for the year 2027-2029.
6. To consider any other matter with the permission of the Chair.

Note:

7. If any member wishes to propose any resolution, he/she should do so by giving in writing the resolution to the undersigned on or before 10.09.2026.
8. AOHK Annual Report for the year 2025-26 will be read and copy will be circulated during the AGB at the venue.
9. Statement of Accounts for the year 2025-2026 will be circulated during the AGB at the venue.

Signed
Dr Bhoomagoud Shanthi
Hon. Secretary, AOHK
www.aohk.in

1. Minutes of the AGB meeting for the year 2025 held on 28th Sept 2025.

The Annual General Body Meeting of the Association of Occupational Health Karnataka was held on Sunday, 28th September 2025 at Hotel Citrine, Seshadripuram, Bangalore-560020 at 05:30 PM, adjourned till quorum formed and started at 06:00 PM.

To comply with the minimum requirements, there were adequate representations, and the AGM was declared quorate.

Dr. Shanthi Bhoomagoud, Hon. Gen. Secretary welcomed the members to the AGM and commenced the proceedings by inviting the President and Treasurer to come on the stage.

A minute's silence was held to pay homage to the members who departed to the heavenly abode. A special mention was made of Dr. EVV Gupta, a senior member and an active participant in all the events of AOHK, who passed away on 29th August 2025.

The President, Dr. Suman Ramachandra, started the proceedings with the presidential address. He elaborated on the year's performance of the team and the future assignments to be carried out by the team after taking over the baton from the outgoing team in February 2025.

A total of 30 members attended the AGM 2025.

Confirmation of minutes Annual General Body Meeting of 2024-2025 held on 29th Sept 2024.

Dr. Shanthi Bhoomagoud, the Hon Gen Secretary, read the minutes of the meeting held on the said date and asked the members whether they had any objection to any of the points. Since there were no objections, the minutes were confirmed and accepted by the members.

Dr. Sreenivasan MV said that the Silver Jubilee Award should clearly mention that the cash prize is given in the name of Dr. Saroja Thyagaraju along with a plaque and certificate.

Dr. Palaksha pointed out that Dr. A Subramanya mentioned in the MOM is Dr. H. C. Ananta Subramanya and asked to correct it.

Dr. Thyagaraju M, Central Council Member, proposed in AGM 2025 to felicitate senior members who have crossed the age of 80 years every year. He also stated that he would donate Rs 5,000, a cashmere embroidery shawl, basket of fruits, Mysore Peta and pick-and-drop in an AC car, in the name of his beloved wife Dr. (Mrs.) Saroja Thyagaraju, to veterans who contributed to AOHK. Dr. Palaksha asked to correct Kashmiri to cashmere.

Minutes were proposed by Dr. Rajan Babu and seconded by Dr. Palaksha.

2. To Consider and Adopt the Annual Report for the Year 2024-25:

The hard copies of the report were made available to the esteemed members at the venue.

Dr. Shanthi Bhoomagoud, the Hon Gen Secretary, gave the Secretary's report. She spoke about the executive meetings, central council meetings, national, annual and regional conferences. She also updated the members about the CME programs held during the period. The Occupational Health Day and 74th Annual Conference were organised and members in large numbers attended the program and made it a huge success.

Takeover of Office Bearers

The formal takeover of the new office bearers took place on 22nd February 2025 at Citrine Hospitals. The outgoing team, led by President Dr. Srinivasa HK, with Dr. Vikram Rajpoot as Secretary and Dr. Satyaprakash as Treasurer, had served the association with remarkable commitment, guiding AOHK smoothly through challenging times. A special word of appreciation goes to Dr. Srinivasa HK for his excellent leadership.

New team of office bearers are as follows:

- President – Dr. Suman Ramachandra
- Secretary – Dr. Shanthi Bhoomagoud
- Treasurer – Dr. Guruprasad HS
- Vice Presidents – Dr. Vikram Rajpoot and Dr. Sathyaprakash SV
- Joint Secretary – Dr. Prashanth MG
- State Council Members – Dr. Merlyn Joseph, Dr. B. Ramakrishna Goud, Dr. Hemagiri, Dr. Muthu Kumar, and Dr. Sree Sai Lakshmi
- Central Council Members – Dr. Deepa K H, Dr. Naveen R, Dr. Bobby Joseph, Dr. Thyagaraju M and Dr. Srinivasa HK
- Past National President – Dr. Sreenivasan MV

BOHS Activity

On 10th August 2025, in association with Lions Club, a health screening camp was conducted for pourakarmikas at Lions Club, Sarakki. The screening included blood investigations, pulmonary function tests, eye checks, and physician consultations. A total of 32 workers were examined, and common concerns noted were overweight, obesity, and poor oral hygiene. Adequate information on their health conditions and referrals for further evaluation was given to the participants.

Executive Council Meetings

The Executive Council met regularly to deliberate on academic and community activities. Meetings were held on 19th April 2025, 12th July 2025, 12th August 2025, and 29th August 2025, with focus areas including CME planning, BOHS initiatives, membership drives, and the annual conference.

OSHEN Journal Contributions

Reports of AOHK's activities and achievements were submitted for publication in the OSHEN journal (H1 2025 edition). These reports highlighted the participation of AOHK members in global conferences, fellowships, and research initiatives, showcasing the talent and contributions of our branch on the international stage.

Membership Drive

Membership continues to be one of our strengths. Since February 2025, we have added 46 new members, reflecting the growth, credibility, and reach of our association. This feat was appreciated by members.

74th Annual Conference

The highlight of the year was undoubtedly the 74th Annual Conference, held on 30th and 31st August 2025 at Hotel Chancery Pavilion.

- Pre-conference workshops included a Hearing Conservation Program conducted by 3M, and an engaging session on "Dress to Express, Groom to Influence" by Ms. Deeptha Raghunath.
- The conference was inaugurated by our Chief Guest, Mr. R. V. Gumaste, Managing Director, Kirloskar Ferrous Industries Ltd, Koppal, Karnataka. The Guest of Honor was IAOH President, Dr. Hitesh Shingala, and our Special Guest was Dr. Male Gowda.

The Awards and Orations:

- Golden Jubilee Oration: Dr. Jayaraj G
- Silver Jubilee Oration: Dr. Girish Baindur

- Sri Mohanmal Award: Dr. Madonne R. Dishani
- Dr. M. N. Mahadevan Award: Dr. Anuradha Bhat
- UG Best Essay Award: Ms. Angela B.

The scientific sessions brought together distinguished experts to share knowledge across diverse aspects of occupational health. The roundtable discussion on Mental Health at workplace with subject experts and OH leaders was very well appreciated.

The event concluded with the much anticipated OH Grand Quiz, which saw enthusiastic participation and camaraderie among members.

President asked for comments. Dr. Palaksha asked not to mention fellowship in AGB minutes.

Dr. Bobby Joseph mentioned that, probably due to oversight, achievements were not mentioned, especially that Dr. Anissa Thomas was the first to receive prestigious recognition to do a fellowship in Italy and had completed her three-month course. He asked to mention members' achievements in the AGBM notes.

Dr. Suman R, President, informed that notice should have been sent to all members to share their achievements before AGM. The suggestion was noted.

Dr. Palaksha suggested that sponsors of the conference should be honoured with a memento on stage.

Achievements of AOHK Members in 2025:

DR ANISSA MARY THOMAS THATTIL

She was awarded a partial fellowship to attend the International Labour Organization (ILO) Master's in Occupational Safety and Health 2024-2025, in collaboration with the University of Turin, Italy, on May 2, 2024 at the ICOH 2024 Congress. She successfully completed the Master program which commenced on 9th September 2024, with an in-person phase at the International Training Centre of the ILO campus in Turin, Italy from 20th January to 4th April 2025. The final phase included dissertation submission and ended on 30th September 2025. The program covered fundamentals of OSH, OSH management systems, occupational hygiene, hazard control and occupational psychosociology.

DR MERLYN JOSEPH

Attended the Global Health Workforce Week at Barcelona between March 12-14, 2025, presenting a poster titled "Mental health status and barriers to seeking mental health care among migrant tea plantation workers of South India".

Received full travel bursary to attend the 2nd World Congress on Migration, Ethnicity, Race and Health in Lisbon from 2nd to 5th September 2025.

Received acceptance to present an oral paper at EPICOH 2025, Utrecht, Netherlands, titled "Mental health status, knowledge, and barriers to care seeking among female tea plantation workers: A comparative study of local and migrant populations."

DR. BOBBY JOSEPH

He attended the ICOH International Joint Conference of Occupational Health for Health Workers at the University of Barcelona, Spain on 13th March 2025. He was part of the Society of Occupational Medicine/Faculty of Occupational Medicine Conference at Brighton, United Kingdom on 17th/18th June 2025, presented academic work at both conferences, and was invited as a speaker for AFIH courses and other academic programmes in India.

DR. SHASHIKALA CHANDRASEKAR

She attended NAFSA 2025 Conference dedicated to international education, held in May at San Diego, California. This global event was attended by professionals from more than 100 nations representing numerous educational and allied institutions.

Dr. Shashikala Chandrasekar attended the conference and had the opportunity to promote ICOH 2027 with the medical institutions which participated in the conference.

American Industrial Hygiene Association Conference, AIHA Connect 2025 was held in Kansas City Convention Centre from May 19-21. This premier conference on occupational and environmental health and safety is dedicated to protecting workers' health.

Dr. Shashikala Chandrasekar participated as a moderator for the Research Roundup session on Hazard Recognition and Exposure Assessment and as a judge for selecting the best paper and film on Occupational Health and Safety.

Dr. Shashikala had the opportunity to promote ICOH 2027 with the delegates and various medical universities which participated in the conference.

DR. SAKTHI ARASU

Dr. Sakti Arasu from the Department of Community Health under the Division of Occupational Health received the INSIGHT Fellowship Grant funded by the NIH Fogarty Centre on 28th February 2025 for the grant year July 2025 to June 2026 for his research work in the field.

DR. KOWSHIK KUPATIRA, DR. GAUTHAM MELUR SUKUMAR AND DR. SUHASH CHAKRABORTHY

A three-day International workshop on Ageing, Mental Health, and Workplace, sponsored by IGSTC, was conducted at Mercure Hotel, Mannheim, Germany, in collaboration with the Central Institute of Mental Health (CIH), Mannheim, Heidelberg University, and NIMHANS. Experts from India, Germany, and other countries discussed how organisations can better support mental health and prepare for an ageing workforce. The workshop covered memory decline, emotional well-being, biological changes with ageing, and workplace challenges faced by older employees.

Among several experts from CIH, Heidelberg and NIMHANS, key highlights relevant to corporate healthcare systems were as follows:

Dr. Kowshik Kupatira, Chief Medical Officer at Toyota Kirloskar Motor, emphasised integrated wellness for ageing employees through the concept of a Constructive Mind, Energetic Body, rooted in the Mandomi mindset. He advocated for age-inclusive policies with psychological safety, ergonomic interventions, physical health promotion, and age-specific health checks as workplace mandates. Dr. Gautham Melur Sukumar, Professor from the Department of Public Health, NIMHANS, stressed the need to align workplace mental health programs with national public health priorities to build healthier, more resilient workforces. Dr. Suhas Chakraborty, Medical Superintendent at HAL, reinforced that mental health is essential for business success and must be a core organisational priority to support employee well-being.

The workshop concluded with a clear message: Companies must be future-ready with integrated mental health support, preventive care, and age-friendly policies to build healthy, productive, and inclusive workplaces.

DR. PREETHILATHA B

“KAI JODISONA TB NA SOLISONA” - A Workplace Wellness Initiative Integrated with TB-Free Workplace by JSW Energy Ltd

JSW Energy Ltd recognizes the need to support the Nation's TB Elimination efforts and has initiated various initiatives to support Pradhan Mantri TB Mukta Bharat Abhiyaan.

As part of stepping up its commitment to maintaining a healthy work environment, the Workplace Wellness Initiative Integrated with TB-Free Workplace “KAI JODISONA TB NA SOLISONA” was started.

This comprehensive initiative aims to curb the transmission of tuberculosis (TB) and create a healthier workplace for JSW Energy employees.

Proposed by Dr. M V Sreenivasan and seconded by Dr. Chandrashekhar CS

3. To Consider and Adopt the Statement of Accounts for the year 2024-25:

The hard copies of the statement duly signed by the President, the Hon Gen Secy, the Treasurer and the Auditor were made available to esteemed members at the venue.

Dr. Guruprasad HS, Treasurer AOHK, read the statement of accounts to the members. He asked them to go through the financials and stated that he would answer any queries to the best of his knowledge.

There were no further queries and the statement was accepted.

Proposed by Dr. Suhas Gurlhosur and seconded by Dr. Palaksha GS

3. To Consider and Adopt the Annual Budget Proposal for the year 2025-2026

Dr. Guruprasad HS presented the budget proposal for the year 2025-26 and hard copies of the budget were provided at the venue.

Dr. Suhas Gurlhosur asked if there was any formal request from the ICOH organizing committee for contribution. Dr. Suman clarified that the ICOH committee requested everyone during CCM, but contributions would be given only after receiving a formal written request from the organizing committee. Dr. Suman informed that maximum funds would be organised from the current accounts. Dr. Sreenivasan MV shared that the ICOH 2027 committee had appealed for support from state branches and individuals in the form of donation, loan or investment.

Dr. Thyagaraju suggested not giving the amount immediately but at a later point. Dr. B. Ramakrishna Goud mentioned that if it was already approved by AGBM, it was important to give the contribution at the earliest. Dr. Naveen Ramesh reiterated that it should be given at the upcoming 3rd CCM on 8th November 2025 in Bangalore.

Dr. Guruprasad HS, Treasurer, suggested three options of contribution:

DONATIONS: Where we do not get the money back.

LOAN: Where we get the money back without interest. AOHK should have an agreement with IAOH for return of money.

INVESTMENT: Where we can invest and get the profit if the ICOH conference makes money, else we may lose all the money.

Dr. Thyagaraju pointed out that the association should donate the money and not give it in other forms like loan or investment. Dr. Palaksha mentioned that “contribution” would be a better word.

The AGBM approved an INR 5,00,000 contribution from AOHK to ICOH 2027 after receiving a formal request at the 3rd CCM.

Proposed contribution of INR 25,000 towards OCCUCON 2026 was approved by AGBM.

The amount paid towards expenditure of secretarial and treasury work should not be mentioned as honorarium because these are honorary positions. Seniors suggested describing these as secretarial and treasury expenses only.

The proposed AOHK website was estimated to cost around INR 80,000 or little above. The website committee comprises Dr. Srinivasa H K, Dr. Merlyn Joseph, Dr. Rudraswamy and Dr. Ravikumar T, with the Secretary as lead. It was approved by the AGM.

Dr. Ananthkrishna asked why the membership percentage was 75% to the centre and 25% to the state. Members answered that it was a rule being followed.

Dr. Sreenivasan MV suggested that handover meeting expenses should be under the heading of EC meeting.

Dr. Thyagaraju asked for an explanation regarding expenses given to more people. It was explained that all CCM members had attended the CCM at Goa. Two CCMs happen between two conferences and AOHK pays the travel costs of CC members. He mentioned that 2 AC train fare should be permitted for overnight destinations instead of flight tickets.

Dr. Ramakrishna Goud asked where documentation for the norms was available. Dr. Sreenivasan MV mentioned that different committees had decided different practices. Dr. Guruprasad HS stated that the present AGBM needed to ratify and document the decision of supporting CC members for one CCM in a year and the Secretary for two CCMs.

Dr. Bobby Joseph asked to keep only air fare as the standard and was supported by Dr. Jayasurya and other members.

Criteria set to give sponsorship for travel expenses:

- 1 Central Committee Member can attend the 2nd or 3rd Central Committee Meeting.
- Lowest air fare on the day of CCM notification, to be confirmed and shared by the Hon. Gen. Secretary.
- Secretary is eligible to attend 2 CCMs.
- Other travel modalities like train or car can be used when air travel is not possible.
- All members attending CCM must share minutes of the meeting by email to the Secretary, to be shared at EC meetings.
- DA of INR 1,500/day is given for food expenses.

This is approved by AGBM.

4. To Consider any Other Agenda by Permission of the Chair:

Hon. Gen. Secretary Dr. Shanthi Bhoomagoud informed that a few crucial points from EC members and many suggestions received from members would be put forth for discussion and approvals.

1. AOHK needs to be registered under the registration of societies under section 8 of the Karnataka Societies Registration Act 1960. The last AGB gave a green signal to proceed. The matter was brought to the attention of AGB this year to pursue the effort. Approved as it is a legal mandate.

2. It is the 75th Anniversary of the association next year, 2026. AGBM consent was sought to institute the "Platinum Jubilee Commemorative Oration Award" to a person of eminence in the field of Occupational Health. After AGBM permission, guidelines will be formulated within EC in line with IAOH orations.

Approved.

3. The current registered office of AOHK in API Bhavan, Millers Road, Kaverappa Layout, Vasanth Nagar, Bangalore, Karnataka 560001 is due for renewal of lease in December 2025. The lease will be renewed by negotiating with API Bhavan management. Dr. Palaksha volunteered to support the negotiation.

Approved.

Suggestion through e-mails from the members:

4. Organizing Conferences, Meetings and AGBM on a virtual platform was suggested by members. Online CME, Occupational Health Day, and Annual Conference may be attempted depending on budgetary support from sponsors.

As regards AGB, it cannot be held online because many intricate and delicate points need to be discussed. An in-person forum is practical.

Approved.

5. Standards of Practice for Occupational Health Centres (OHCs): Standardize occupational health practices across the state, ensure quality care, and enable AFIH-certified doctors to follow consistent protocols and uplift professional practice. The Association is going to have a website containing standard practices about OHC and related services in line with the Factories Act 1946 and other Occupational Health Related Legislations. Relevant links to ICOH, NIOSH, OSHA and DGFASLI will be provided for members.

Approved.

6. Influence on Government Policies: Promote direct employment of AFIH doctors in industries and recognize their role in shaping occupational health standards and policy. AGM concurrence was sought to give a representation to the state Directorate of Factories and Boilers, Ministry of Labour and Employment, Government of Karnataka.

Approved.

7. Meetings, CMEs, AGM etc. on Sunday mornings: The next AGM will be held in the first half of the day on Sunday to facilitate members residing outside Bangalore to attend and return safely. Continuation will depend on attendance at the next AGM. CMEs depend on sponsor agreement.

Approved.

8. Members are under the impression that the association pays EC members, CC members or their travel expenses. The Secretary takes INR 5,500 per annum towards secretarial work expenses and the Treasurer takes INR 2,500 per annum towards treasury work.

9. When the Secretary or office bearers organise CMEs and workshops for Industrial doctors/FMOs outside Bangalore to increase the association's footprint, travel expenses of 2nd AC train or fuel charges and DA of INR 1,500/day for a maximum of two days will be reimbursed.

Approved.

10. Undergraduates/PGs coming to the conference to write essays or present papers should have free entry. Undergraduates are not asked to pay, but this is applicable only to the student selected for an award. PGs receive 50% subsidy on registration charges. No change in this practice.

11. EC meeting to be conducted with two weeks' prior notice. Request for permission.

12. Open a current account in ICICI Bank for regular operational purpose and online banking, with guidance of the auditor. Fixed accounts will remain in SBI.

Approved.

13. Change of auditor for ease of operation for the same fees.

Approved.

Treasurer Dr. Guruprasad gave a vote of thanks to the AGBM for attending the program and concluding all crucial issues with fruitful discussion.

National Anthem followed.

The Treasurer, on behalf of Team AOHK, invited all esteemed members for dinner.

Jai Karnataka, Jai Bharat

Signed
Dr Bhoomagoud Shanthi
Hon. Secretary, AOHK

BUDGET PROPOSAL 2026-27

INCOME		
Sl. No.	Particulars	Amount (Rupees)
01	Life Membership	70,000
02	Interest on Fixed Deposit	3,00,000
03	Sponsorship	13,00,000
04	Delegate Fee	2,50,000
	Surplus of expenditure over Income	1,45,000
	TOTAL	20,65,000
EXPENDITURE		
01	Courier among teams	10,000
02	Printing and Stationery	70,000
03	EC and Scientific Meetings	1,00,000
04	Website Maintenance	80,000
05	AGBM Expenses	1,20,000
06	Grants FOR ICOH 2027 (12 candidates)	3,00,000
07	Auditor Fee	35,000
08	Conveyance (incl CCM reimbursements)	60,000
09	Annual Conference	12,00,000
10	Incidental Expenses	10,000
11	Central Share of Membership Fee	45000
12	Welfare Program fund (i.e. training programs)	35,000
	TOTAL	20,65,000

